

### YOUR NEWSLETTER FROM THE TEAM AT POTTER PAWS

Welcome

The warmer weather seems to be with us, and I won't lie, I'm just like a dog and not a fan of it being too warm, but I do love my garden in the summer as it comes to life with beautiful flowers, bees and butterflies. I am extremely excited to see my new dahlias starting to bud and can't wait to sit amongst the bright blooms with my canine gardening assistants who enjoy snoozing in the breeze whilst I am busy potting up seeds and dead-heading.

Grab yourself a cup of tea (or an ice-cream), find a comfy spot in the garden and enjoy our summer newsletter!

Debbie x



## **Creating a Positive Mindset**

# Holiday Checklist

Heatstroke



### What is Tellington Touch?

#### with Toni Shelbourne

Toni Shelbourne is a local Tellington TTouch Companion Animal Instructor who has been practicing TTouch since the late 1990s. She has over three decades of experience working with dogs, wolves, cats, and other small animals. She runs a successful and busy behaviour practice and uses the TTouch tools with every animal she meets.

#### What is TTouch?

The Tellington TTouch® Method - or TTouch (pronounced Tee Touch) for short – has a proven track record for helping animals with a wide range of behavioural and performance issues. It is a kind, non-invasive, generally well accepted, and empathic way of working with animals which is easy to learn, simple and safe to apply, and can have profound effects on the lives of animals and on the people who care for them.

### How does TTouch work?

The Tellington TTouch Training is based on the principle that posture and behaviour are inextricably linked, with posture affecting behaviour and vice versa – change the posture and you change the behaviour. By improving posture, balance and movement, beneficial physical, psychological, and emotional changes are produced, with self-confidence and self-control increasing. Mind and body begin to work together in harmony, and unwanted behaviours diminish or disappear entirely. It can help bring animals out of overarousal or fear states into a calmer thinking state.

#### What can it help with?

**Dislike of contact** - Fear of the vet, grooming/handling issues, reluctance to be petted, hand shyness

**Noise sensitivity -** Fear of thunder or fireworks, gun shyness, reaction to household noises

**Lack of balance -** Lead pulling, stumbling, stiffness, training difficulties, poor performance, gait irregularities

**Hyperactivity/Restlessness** - Jumping up, excessive chewing, excitability, spinning, excessive panting, pacing, inability to settle, lack of concentration

Nervousness - Fear biting, lack of confidence, separation anxiety

**Travelling issues** - Excitability, excessive vocalisation, vomiting, excessive salivation, restlessness, reluctance to get in the car.

Reactivity - Dogs, People, Cars, Bikes, Joggers etc.

"I'm in awe of how fantastic TTouch is! Febee has been wearing the wrap every other day and is much more aware and focused when we train. Thank you so much for the workshop, I'm really seeing a difference!"

Whether you are struggling with a challenging situation, need help with stress management, have just adopted a dog, or just want a way to further deepen your bond, TTouch is a wonderful way of helping animals live their best lives.

Visit Toni's website to find out about course, books, and one-to-one sessions. www.tonishelbourne.co.uk

#### PERSONAL TRAINING - ASTON CLINTON

Want to take control of your health?

FAT LOSS

- FUNCTIONAL STRENGTH
- LOWER BACK PAIN CERTIFIED

### **BOOK YOUR FREE CONSULTATION TODAY**

T: 07792 117710 E: JAYOXLEYPTeGMAIL.COM www.awakenfitness.co.uk **Hot weather Tips** 

Avoid exercising your dog between 9am - 9pm

When you do exercise only undertake very short, calm walks

Avoid playing fetch or other high energy games, even when it's cool

Undertake brain games, sniffing and relaxing activities at home

Remember Less is More!





### 7 top tips for a reliable recall

It can take a while to feel confident in your dog's ability to be trusted off-lead in all situations. Here are our top tips to help you on your journey towards a reliable recall



The big question is 'how can I manage my dog's world so that they ignore distractions, always come back to me and never run off?' and there is a very simple answer to this - a lead!

By keeping your dog on a lead or a long-line when on walks, we guarantee they cannot practise and perfect the unwanted habit of running off.



Knowing what motivates your dog to want to explore further away or not return when you call will be a game changer! Equally having something YOU can provide to motivate your dog to want to return to you means you hold the upper hand.

Find out what rewards your dog LOVES!

We all know dogs can get easily distracted but this can be particularly so if you have a young puppy or adolescent dog.

Start by perfecting your recall where there are as few distractions as possible so that you can work solely on the foundation skills. This ensures you are setting your dog up for success, by making training fun and achievable for you both! As you improve, gradually (very gradually) increase the level of distractions in your training environment.

Instead of testing your recall and shouting 'come' as your dog runs away across the field after a bird, try training your recall in an enclosed area and only using it when you know they are listening and likely to respond to you.

Remember aim to Train rather than Test your recall!

Focus on the FUN!!!! It's a common misconception that dogs only have fun when they are running offlead, chasing and playing, and being on-lead is boring! We disagree! Aim to make ON lead/long line just as much, if not more, fun than off-lead.



Achieving a reliable recall doesn't happen overnight, so don't be tempted to give up after a couple of days if you don't see instant results.

You will need to allow a good time frame to measure your progress - at least a couple of months, and longer if your dog is young/ an adolescent. Be consistent with your methods!

Train your recall in as many places as possible and only drop the lead or remove it if you are 99% sure your recall will be successful in the current situation.

Creating a healthy balance between lead walks and freedom to run and move is essential for success. Make use of the many fenced dog walking fields available to hire - these provide a safe environment for your dog to run free and a good training environment to start your recall training with minimal distractions.

#### **MEASURE YOUR SUCCESS!**

- Make a note of how each training session goes - give it a mark out of 10
- Count how many times your dog responds to their recall successfully
- Make a note of how often they ignore their recall cue and WHY they ignored it

### **TOTAL RECALL**

FIND OUT MORE



## Getting to know our new Assistant Trainer Jamie Temple

Whether you have already met our new Assistant Trainer, Jamie, or have yet to find him in the training field, it's always nice to know a little more about the person behind the smiley face. Our other staff members came up with ten questions for Jamie to answer and here you'll find the answers!

### Favourite holiday location?

America or Dominican Republic although I currently really want to go to Japan.

### What do you enjoy most about working with dogs?

I enjoy seeing dogs progress and improve and owners feeling accomplished when their dogs succeed. I also like seeing the bonds owners and dogs build together as well as dealing with the daily challenges dogs give me.

### Tell us about your ideal Sunday...

Starts off with a lay in then a nice walk with my dog, back home for a snooze and then another walk later on in the day and ended with a nice big Sunday roast but let's be honest I'd much rather be out training dogs.

### What quote do you like to live by?

'Dogs might be in just a small part of our lives, but to them, we are their whole life' - Which to me means we have to be kind and give our best to dogs at all times.

'All dogs go to heaven' - to me that there's no such thing as a bad dog, plus it was one of my favourite film as a kid.

### Who inspires you?

The one person who inspires me is my nan who passed a couple of years ago. Every day I try to make her proud.

### If you could own any famous dog...

It would have to be Lassie, if I was ever in trouble I'd know she could get help for me.

### Which dog breed would you be?

It would be a Labrador just because I love my food.

### Tell us about your hobbies...

I enjoy playing rugby when I have a Saturday off. I'm also a gamer so love playing games on my Xbox and PC. I also enjoy watching films and the football (Arsenal fan). I'm currently trying to get back into reading.





### **SUMMER HOLIDAY CHECKLIST**

It's finally time for the family holiday you've been looking forward to, for what seems like, forever! Of course your favourite family member will be joining you to but it's easy to forget what they will need for the holiday! Hopefully our checklist will help...

### Before you go

- Check the accommodation rules are dogs allowed on the sofa, upstairs or on the bed? Will you need to take throws/your own bedding?
- Is the garden area fenced/secure/overlooked?
- Check what's available many places provide crates, bowls, toys etc.
- Is there a freezer (essential if they have frozen food)
- Find out about the local dog friendly attractions/cafes/pubs
- Look for secure walking fields in the area
- Find out where the local vets are
- Check your ID tags are up to date

### What to pack

- Spare harness, lead, long line, ID tag
- Food/water bowls/travel water bowl/bottle
- First aid kit (including tick remover and any medicines/supplements)
- Towels, bed, throws
- Food, treats, chews,
- Toys and enrichment games

Subscribe to our newsletter.

your inbox every week.

For advice you can trust, ideas you can put

into a practice, and cool dog stuff direct to

### Getting there

- In preparation for your trip spend some time ensuring your dog is comfortable travelling practise lots of short and gradually longer trips
- Ensure you have a safe way to transport them, either in a crate/behind a guard in the boot, or on the back seat with a seatbelt attachment
- Plan your journey and factor in plenty of comfort breaks, younger dogs are likely to need more stops!
- Remember to pack a bowl/water that is accessible for the journey
- If your journey is long, ensure meals/treats are available

Let's talk dog!

- Always have a collar or harness on your dog whilst travelling and a lead nearby in case you need to evacuate quickly
- Prepare for delays! Ensure you have more food/drink than you need in case your journey takes longer than expected



### THE POTTERINGS More than just a walk! www.thepotterings.co.uk

## Seach holiday?

if you're heading to the beach there are a few extra things you'll need to consider...

- Check beach restrictions
- Check the tide times and if the beach is accessible at high tide
- A sun shade/tent
- Lots of fresh water

If your dog goes into the sea and inadvertently drinks the water - be prepared for 'sea poo' explosions!



### Call: 07930 337914

### Sandie Powner Pet Photographer

Capturing the joy, love and companionship you share with your four-legged best friend...

- Specialist Dog Photographer
- Craftsman with the Guild of Professional Photographers
- Packages from £99
- Bespoke options for
- puppies and senior dogs

Find out more: sandiepownerphotography.co.uk/potterpaws

### **Our favourite long-lasting chews**

In case you hadn't heard - the benefits of chewing are endless!

The process of chewing releases happy calming hormones helping to make your dog feel relaxed. Having a chew available can provide your dog with a quiet activity to keep them occupied. Puppies LOVE to explore, especially using their mouths/teeth so chewing on a variety of objects can help to give them something to focus on, relieve the pain from teething and prevent them from nibbling hands as much.

Dogs who have regular opportunities to chew and a variety of suitable items to chew on are much more content and in turn so are you, as they are releasing their natural need to chew on something other than your sofa, table leg or door frame!

Here are some of our favourite long-lasting chews:

- Ostrich Bone
- Giant pizzle
- Extra long beef slice/venison skin/beef tail
- Yakers
- Longer collagen stick
- Buffalo horn
- Full beef trachea

We have a small selection of chews available at the barn to purchase after classes or when you pop in. For a wider selection why not visit McGrumpy & Snuffles



### Remember to provide adequate supervision whilst your dog has a chew



- Raw Feeding Specialists
- High Quality & Hard to Find Dog Toys
- Wide Selection of Natural Treats, Canine Accessories & Health Products

Present this Ad and claim a FREE\* gift when you make a purchase

"Terms & Conditions apply – see web site www.mcgrumpyandsnuffles.co.uk/giftierms for detail



# How Rem went from avoiding puddles to enjoying a good swim!

We all know that Labradors are meant to love water, and considering their original job was retrieving for fishermen in Canada, it's no wonder. But not all Labs recognise their heritage!

Rem was one of those Labs who avoided puddles and refused to go out in the rain (and I was the mug who bought a large golfing umbrella to keep him dry!). So how did he go from a hater to a water lover? If there's one thing he does love and would do anything for, it's a tennis ball, and it was this love that helped develop his water confidence.

Firstly, I didn't rush into it, as in the grand scheme of things, liking water isn't essential for his development. But I do feel that knowing how to swim is an important life skill, just in case they ever need it, so I began working on this with Rem at around 18 months old.

We found very shallow waters that were still and no deeper than a small puddle, we'd play with his ball next to the water and occasionally drop the ball into the very edge of the water so he would get his snout just a tiny bit wet and get used to the feeling. Each time we would gradually drop the ball a few centimetres further into the water until he could stretch no more and his front paws tentatively stepped into the water. When he was ready and confident, we found wider puddles or very shallow streams where he had to go through and not round and we would throw the ball the other side and then gradually we introduced deeper puddles.

His main breakthrough came at the beach where he would go deeper and deeper to retrieve his ball until finally his feet left the ground for all of a few seconds and he was able to properly swim for just a metre or two.

At this point, which was around a year later, we knew he was ready to try a proper pool with the help of some calming medicine and a life jacket to support him and avoid panic. His desire to retrieve a ball helped him swim confidently for the first time. With every visit his enjoyment increased and now he happily dives off the side of the pool to retrieve that ball and bring it back every time!

### **Don't watch that.... WATCH ME!**

#### A journey from distraction central to fantastic focus!

It's no secret that Fred has been a challenge when it comes to training during his adolescence. Many would be tempted to call it 'stubborn' however I see it as more insecurity and lack of motivation as he's going through an important developmental stage.

Fred has been the most distracted dog who is easily startled, a bit barky, unable to eat treats on walks, has barely even noticed I was at the end of the lead most of the time. From around 7months old I removed all expectations, we've not worked on recall or lead work or much else, and our only aim has been to focus on/engage with me and be relaxed in the world around him. It's felt like an incredibly slow road, but in the last month or so, it seems everything has finally fallen into place and the satisfaction is immense!

You may wonder HOW we create and develop course content and the main inspiration comes from OUR own experiences. Our brand-new Watch me minicourse combines ALL the basics of engagement and focus that I've been practising with Fred for the last 18months and after completing the debut course, the feedback has been AMAZING!

If your dog struggles to engage with you, give focus around other people, dogs, birds, smells, and in general - THIS is the course for you!



Fred after one of his best training sessions so far with successful emergency stops, tricks and off-lead focus!



www.potterpaws.co.uk/group-courses/watch-me/



### Heatstroke & Dehydration in Dogs

Dogs can suffer from heat in the same way as humans, and sometimes worse. They cannot remove clothing and their ability to sweat is limited so they regulate their temperate by sweating through their paw pads, noses and panting.

Heatstroke happens when they're no longer able to regulate their temperature and their internal body heat becomes dangerously high, usually around 40°c. Even at temperatures as low as 20°c, dogs are at risk of heatstroke.

During summer months it's important to know the signs and symptoms of heatstroke so you can help your dog if needed.

### Symptoms of Heat Stroke include

- excessive panting
- excessive thirst
- barking or whining
- staggering, weakness or collapsing
- drooling more than usual
- rapid heart rate
- lethargy
- vomiting or diarrhoea
- very red gums



If left unchecked, heatstroke can be fatal. If you suspect that your dog may be suffering with heatstroke, please take them to a vet immediately!

The best cure is always prevention, so keeping your dog cool and hydrated is the best way to prevent heatstroke. It's important to keep an eye on your dog during hot weather to ensure they don't overheat. Cooling down will help the problem, and always ensure that your dog has plenty of fresh clean water.

### Is your dog suffering from Dehydration?

Dehydration is where the body gets deficient in water and it can very quickly become a serious condition. Dogs can go without food for many weeks but most animals cannot survive without water for more than a few days. Dehydration can come on very quickly, so early identification is vital. It can be caused simply by not drinking water but also by some other factors including vomiting, diarrhoea, diabetes, being in excessive heat, sweating, fever and other medical conditions.

The vet would treat dehydration with the use of intravenous drips where a solution is added directly to the venous system to quickly and efficiently increase hydration levels. From a first aid perspective, we cannot give intravenous fluids, so the first thing would be to avoid them becoming dehydrated in the first place by ensuring they have lots of fresh clean water at all times.



Professional dog groomer, located in Aylesbury offering full grooms, puppy packages, handstripping and claw clipping amongst other services contact us to find out more

You can check hydration levels by pinching the skin on the back of the neck and it should return to its original position almost instantly. If you can still see the pinched skin for more than 2 seconds after you let go, they are dehydrated and need veterinary attention.

### What to do in an emergency...

Having canine first aid skills ensures you are prepared should your dog need immediate first aid.

We regularly deliver a 4 hour certified course, suitable for both dog owners and canine professionals to learn how to provide emergency care to dogs







Cantact us an

O7786995318 Facebook: Pawlect Grooming Instagram: Pawfcet\_grooming





Find out when our next Canine First Aid course is www.potterpaws.co.uk/workshops/canine-pet-first-aid/

Head to Tail Pawfectio



### How to create a positive mindset for training

I think it's safe to say that at some point in our dog companion journey, we all struggle with something at least once, if not a lot more!

We naturally put a lot of pressure on ourselves and set ridiculously high expectations, then feel awful when we don't meet them within the first few weeks. There's pressure from friends, family members and the public to have the 'perfectly' well behaved dog who never puts a paw out of line and is easy to live alongside with minimal effort.

If we reflect on it, most of us will know that we probably expect a little too much. But we can't help it, it's human nature! It's easy to feel defeated, downhearted and that it is our fault and ours alone when things don't go to plan. Creating a healthy positive mindset in training and around sharing your life with a dog is so important as we progress on our dog companion journey. Here are our top five suggestions to help you remain positive when the going gets tough.

### Limit negative vibes

No matter what you do, some of your friends and family will never see the good in your dog and only see the negatives. They might moan about the drool, begging at the table or the enthusiastic greeting when they visit. These people are likely to not support you or make an effort to help you by following the training methods you've asked them to. They'll encourage you to focus on the negatives rather than the baby steps of progress and make you feel deflated. It won't always be possible but if you can limit these situations by visiting their house instead of them coming to you, leave your dog at home when you go out together or arrange for your dog to be elsewhere when they visit.

### Find your tribe

Aim to surround yourselves with people, social media accounts and reading that makes you feel GOOD about your dog and your journey. Finding a community of supportive dog lovers who appreciate your struggles, recognise your efforts, support you when it's tough and celebrate your wins will be invaluable to your positive mindset and success with your dog.

### Your home, your dog, your decision

Remember you are the only one to set your goals and expectations. There is no right or wrong, as long as you are happy with choices that's all that matters. Whether you want your dog to sleep downstairs or in your bed, whether they are or aren't allowed on the sofa - it's your decision! If your leadwork isn't perfect, but it's good enough for you – that's ok!





### TRUE

- Sleeps through the night
- Toilet trained
- Eats well
- Interacts well with dogs •
- No longer car sick

### ONE THING I CAN DO THIS WEEK

Practise our sit/stay twice

### Find the good things

We tend to get drawn towards the negatives, things we're not happy about or want to change and forget to look for the good. Focus on what your dog CAN do well, the successes you've had and what you are happy with!

### **Small Measureable Achieveable Goals**

We believe training is a journey and we should focus on each step of the journey rather than the destination. Setting some small, achievable goals will firstly help you to focus on the activities that will get you there and secondly help you to look back and reflect on your achievements.



Join us for a day with Jay at Cedarlily Therapy, exploring how we can undertake various everyday activities and exercises to ensure dogs stay fit, strong and less susceptible to injuries.

Bring your dog along, get some support to assess their current gait and movement, and some coaching to start teaching some targeted exercises.

Handler & Spectators spaces available



berodys@outlook.com 07834 54

### Group classes aren't for everyone

For many dogs (and people) group classes just aren't a suitable environment to feel relaxed in, let alone able to learn and progress. That's where 1-2-1 training can be the better choice. There's a few reasons why people choose 1-2-1 training instead of group classes:

- Reactive, anxious or nervous
- Dog needs to work at a slower pace
- Individual training needs that aren't covered by a standard course
- Handler prefers working 1:1 rather than in a group
- Group class times don't suit your timetable

Whatever the reason there is still a training option for you!



1-2-1 training is particularly beneficial if your dog is reactive. If we immediately plunge them into group sessions not only will it cause them distress, but they also won't be learning or taking anything in. You are also likely to feel stressed, embarrassed and out of control - so the session isn't successful or useful to either of you.

Working individually with your trainer gives you and your dog the skills and time to practise in a controlled setting so that they have the ability to succeed. This way, you are creating an environment you and your dog can learn in and therefore make progress.

To discuss your training needs and discover your best training programme, book a call with our training team



Dear Debbie...

Our Head Trainer, solves your personal dog training problems.

Dear Debbie

We put a stair gate at the bottom of the stairs to stop our puppy coming upstairs. How do we train him to not come upstairs so we can remove the stair gate?

Kate

Dear Debbie,

My dog is 2.5 years old and when off the lead, doesn't listen to come back. Is he too old to train, as I can't let him off. As I'm frightened he will not come back. Look forward to your answer Sue

Dear Debbie,

My dog keeps eating cat poo from the garden. I try to check if there is any before he goes out but I'm not always successful and he finds it. What can I do? Will it make him unwell? X Margaret Stairgates are an excellent management tool which help us to create physical boundaries between spaces and in my opinion are incredibly useful. Even though my dogs are no longer puppies we still have a stairgate on the kitchen door to keep them in one area should we need to.

Creating an 'invisible' barrier isn't impossible but it's not easy or quick. Keep the stairgate in place but when you have a few minutes spare leave it open and move onto the stairs - reward your dog (drop a treat on the floor away from the gate or return to them and reward) for staying downstairs and not following. Over time you can move further up the stairs and increase the duration.

Dogs are never too old to learn something new, however the older they are the harder it can be to change a behaviour as they have had more past experiences that influence future decision making. If he goes off lead and practises ignoring his recall, he currently doesn't know any different and assumes this is an OK thing to do.

Practise your recall training at home, in the garden and on a long line in public - aim to use your recall when he is able to listen and reward with lots of praise, fun and rewards.

If the cat is healthy with no parasites etc it shouldn't make your dog unwell other than having an upset tummy.

Thoroughly checking the garden prior to going out is the best way to prevent this and also detering cats from entering the garden. You could try sticking some twigs/sticks into the soil to prevent there being any areas for the cats to get comfy.

Sometimes dogs will eat other animals poo due to a nutrient deficiency so investigating this may also help. N.B for those who live with a cat - eating cat litter can

cause more problems with blockages etc.

Summer Fun

Try something new this summer Wednesdays 7pm & Fridays 11.45am June - September

www.potterpaws.co.uk/workshops/summer-fun

## Summer 2023 Courses & Workshops -

see what's coming up for the warmer weather....

### **WEEKLY COURSES**

#### IULY

1st (Saturday) 6th (Thursday) 8th (Saturday) 8th (Saturday) 15th (Saturday) 15th (Saturday) 20th (Thursday)

#### AUGUST

1st (Tuesday) 3rd (Thursday) 5th (Saturday) 5th (Saturday) 5th (Saturday) 5th (Saturday) 9th (Wednesday) 9th (Wednesday) 12th (Saturday) 12th (Saturday) 12th (Saturday)

#### **SEPTEMBER**

2nd (Saturday) 2nd (Saturday) 2nd (Saturday) 2nd (Saturday) 6th (Wednesday) 6th (Wednesday) 16th (Saturday) 23rd (Saturday) 30th (Saturday)

#### **OCTOBER**

7th (Saturday) 7th (Saturday) 7th (Saturday) 7th (Saturday) 7th (Saturday) 18th (Wednesday) - Canine Care

21st (Saturday)

- Tracking

- Fungility

- Hoopers

- Watch me!

- Puppy Progress

- Sniffer Beginner

- Puppy Progress
- Sniffer Beginner
  - Hoopers
  - Sniffer Beginner
  - Fungility
  - Pawsome Puppies
  - Total Recall
  - Pawsome Puppies
  - Sniffer Beginner
  - Puppy Progress
  - Tracking
  - Hoopers

#### - Sniffer Beginner

- Puppy Progress
- Pawsome Puppies
- Ultimate Dog
- Puppy Progress
- Ultimate Dog
- Fungility
- Sniffer Beginner
- Watch me!

### - Tracking

- Hoopers
- Puppy Progress
- Lovely Leads
- Pawsome Puppies
- Parkour

### CONNECT WITH US



/potterpaws

@PotterPaws

07496 885581 hello@potterpaws.co.uk

### **WORKSHOPS**

#### CAFE CLUB

1st Saturday of the month, 10.15am

SUPER STAY (perfect your sit, down, stand stay) Saturday 22nd July 1.00pm

SUMMER FUN!!! Wednesdays 7pm

Fridays 11.45am June - Sept

DON'T BE A THIEF (bring back stolen items) Saturday 22nd July, 2.30pm

MINDFUL MOVEMENT (fitness & wellbeing) Saturday 26th August, 10.00am - 4.00pm

ACTIVITY FUN DAY Friday 15th September 9.30am - 4.00pm

STOP (learning an emergency stop) 23rd September, 1,30pm

**GET DOWN (prevent jumping up)** Saturday 7th October 2.30pm

**GUNDOG** Taster Sunday 8th October 10am - 2.00pm

### **TRAINING CLUBS**

#### **PAWSOME PALS**

Tuesdays, Wednesdays & Thursdays 7.00pm Fridays 9.30am Saturdays 9.00am, 11.00am & 12noon

#### SUPER SNIFFERS

Tuesdays, Wednesdays & Thursdays 8.00pm Fridays 10.30am Saturdays 9.00am, 10.00am & 11.00am

### **HOOPING HOUNDS**

Saturdays 10.00am

### **CERTIFIED COURSES**

#### **CANINE FIRST AID**

Sunday 16th July, 10.00 am - 2.00pm Tuesday 12th September, 6.00 - 9.45pm

**CANINE BODY LANGUAGE** Saturday 17th September, 10.00am - 2.00pm

All information on our services and classes can be found on our website, however, please feel free to contact us by email or phone to ask any questions!

Until next time Debbie, Tash, Jamie, Gemma, Yas, Sam & Sue